

ESSENTIALS

- ☐ Passport
- ☐ EHIC or GHIC card
- ☐ Personal medication
- ☐ Camera
- ☐ Memory Cards
- ☐ Mobile phone
- ☐ Mobile phone charger
- ☐ Plug adaptors
- ☐ Day Bag / Backpack

PERSONAL

- ☐ Wash kit (inc lip balm and moisturiser)
- ☐ Towel
- ☐ Travel sickness medication
- ☐ Water bottle
- ☐ Sunglasses
- ☐ Waterproof sun tan lotion
- ☐ Waterproof sun lotion
- ☐ Notebook and pen

SKI CLOTHING

- ☐ Thermal Top
- ☐ Thermal Underwear
- ☐ Ski Socks
- ☐ Fleece
- ☐ Salopettes
- ☐ Ski Jacket
- ☐ Waterproof Gloves
- ☐ Scarf or buff
- ☐ Woolly Hat
- ☐ Goggles

OTHER CLOTHING

- ☐ Walking Boots
- ☐ Warm Coat
- ☐ T-Shirts
- ☐ Trousers
- ☐ Warm Layers
- ☐ Underwear (inc. normal socks)
- ☐ Swimming Costume / Trunks

ADDITIONAL ITEMS

- ☐ Plastic Bags
- ☐ Tissues
- ☐ Wet Wipes
- ☐ Hand Sanitiser