

ESSENTIALS

- Passport
- EHIC or GHIC card
- Personal medication
- Camera
- Memory Cards
- Mobile phone
- Mobile phone charger
- Plug adaptors
- Day Bag / Backpack

PERSONAL

- Wash kit (inc lip balm and moisturiser)
- Towel
- Travel sickness medication
- Water bottle
- Sunglasses
- Waterproof sun tan lotion
- Waterproof sun lotion
- Notebook and pen

SKI CLOTHING

- Thermal Top
- Thermal Underwear
- Ski Socks
- Fleece
- Salopettes
- Ski Jacket
- Waterproof Gloves
- Scarf or buff
- Woolly Hat
- Goggles

OTHER CLOTHING

- Walking Boots
- Warm Coat
- T-Shirts
- Trousers
- Warm Layers
- Underwear (inc. normal socks)
- Swimming Costume / Trunks

ADDITIONAL ITEMS

- Plastic Bags
- Tissues
- Wet Wipes
- Hand Sanitiser