# NAPLES & SORRENTO





Learn all about the very best of Italian cuisine on a Food Technology school trip to Naples and Sorrento! Your students will pick up new ideas and techniques, try out traditional recipes and learn more about the region's local delicacies.

The local cuisine really makes the most of the region's exceptional produce, this is the ideal destination for a Food Technology school trip.

Your school group will visit a working mozzarella farm, enjoy a tour of an olive oil factory, and gain an appreciation of the passion that is needed to make traditional Italian products

The Food Technology tour to Sorrento also has the practical side covered. Learn how to make a true Neapolitan pizza at a typical Sorrento Farm and how to make classic Italian ice cream and gelato. There will be plenty of time for sampling and tasting too!

### **CURRICULUM LINKS**

Our Food Technology school tour to Sorrento is perfect for students learning about international cuisine and ingredients and can easily be adapted to include visits for Classical History and Geography students making it a really good option for a cross-curricular activities week tour.





### KS3

 Understand the source, seasonality and characteristics of a broad range of ingredients

#### GCSE

- Where and how ingredients are grown, caught and reared
- Environmental impact and sustainability of food
- · Food processing and production
- Distinctive features of international cuisine
- International cuisine: cooking methods and equipment
- Traditional and modern variations of recipes

## **SUGGESTED ITINERARY**

A 4-day Food Technology tour to Sorrento offers visits to working farms and factories as well as practical workshops in making traditional pizza and ice cream, all set against the background of international cuisine being served in an international resort.

Day I	Morning	Afternoon	Evening
	Flight to Naples, meet transfer coach	Transfer to Sorrento, guided tour of hotel and how it operates	Evening meal at hotel  Visit the port of Sorrento
Day 2	Morning	Afternoon	Evening
	Visit to Mozzarella farm	Ice Cream making workshop	Evening meal at hotel
Day 3			
Day 3	Morning	Afternoon	Evening
Day 3	Morning  Visit to traditional Olive Oil factory	Afternoon Pizza Making workshop	Evening  Evening meal at hotel
Day 3  Day 4	Visit to traditional Olive Oil		

# **EDUCATIONAL VISIT OPTIONS**

- Island of Capri
- · Pompeii
- · Vesuvius





### SAMPLE ACCOMMODATION

Our carefully selected hotels are located in Sorrento and Piano di Sorrento. Overlooking Marina Grande, the original Greek Harbour, Sorrento is now a pretty fishing port approached via the Roman Arch laid on Greek foundations.



### HOTEL KLEIN WEIN

A 3-star hotel overlooking the sea enjoying panoramic views of the Sorrentine peninsula. Students will be accommodated in triple or quadruple rooms with accompanying teachers in single rooms. All rooms have private bathrooms and there is free Wi-fi throughout the hotel. Evening meals are served in the on-site restaurant.

#### **HOTEL LA RIPETTA**

A family run hotel located in nearby Piano di Sorrento. The nearest train station for the Circumvesuviana is just 800 metres away. The town centre is just a 10-minute walk from the hotel. Students will be accommodated in triple or quadruple rooms with accompanying teachers in single rooms. All rooms have private bathrooms and evening meals are served in the on-site restaurant.



### **BEYOND ORDINDARY - THE VISIONS DIFFERENCE**

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