



UK

Bolney Place, Cowfold Road
Bolney, West Sussex RH17 5QT
Tel: 01444 810399
info@visionsineducation.co.uk
visionsineducation.co.uk

USA

South Business 65, Box 813
Hollister, Missouri 65673
Tel: 802.239.3010
info@visions-in-education.com
visions-in-education.com

Tour:

Destination:

Specialization:

Itinerary:

Cozumel STEM & Dive

Cozumel, Mexico

Marine Biology, Oceanography, Technology, Physics, Mathematics, History & Culture

Itineraries may be customized and prepared for 6, 7, 9 or more nights

Cozumel STEM & Dive - Mexico			
Day	Morning	Afternoon	Evening
1	Travel by air to Cozumel Mexico; check into hotel, Welcome & Safety Meeting; Dinner		
2	Academic Training Master Class or Refresher Course	Service Project at the Cozumel Orphanage	Dinner & Resort Activities
3	Academic OR Confined Water Training	Open Water Training - Dives 1 & 2	Dinner & Resort Activities
4	Academic OR Confined Water Training	Open Water Training - Dives 3 & 4	Dinner & Resort Activities
5	Full-day Mayan Exploration Excursion: Choice of Tulum or Coba		Dinner & Resort Activities
6	Dives 5 & 6 (Pre-Certified Divers only)	Written Exam Testing	Dinner & Resort Activities
7	Dives 7 & 8 (Pre-Certified Divers not enrolled in a training certification course)	Free Time at the Beach	Dinner & Certificate Presentation
8	Transfer to Airport; Depart for Home		



Specialists in STEM Student Travel

As with all sample itineraries, please be advised that this is an 'example' of a schedule and that the activities and hotels shown may be variable dependent upon dates, weather, special requests and other factors. Itineraries will be confirmed prior to travel.



Visions Holiday Group Limited Registered No. 4499296.
Registered office as above. VAT No. 784 3347 05

OVERVIEW: Cozumel STEM is devoted to the educational study of Science, Technology, Engineering & Math by students ages 11 to 19. In this tour, students will learn how to Scuba dive, study marine biology and oceanography, and explore the brilliant creations under the ocean's surface. It's hard work to undertake but one of the most rewarding accomplishments you can achieve.

SKILLS REQUIRED: Water / swimming enthusiasm, problem solving, communication, adaption to unexpected problems, the drive to be successful, and most important, the ability to have fun through science!

LIMITATIONS: Earning your Open Water Certification requires a lot of hard work! It also requires a lot of reading and studying which will take up most of your time in the evening hours. Those that are not committed to earning this goal may not earn their certification. For those that try diving and determine that it is not for them, or for those that are unable to achieve success in the academic portion of the week, they are welcome to drop down to a Skin Dive platform.

“A Divers Paradise....” - Jacques Cousteau

Continually named in the top 5 dive locations in the world, Cozumel is Mexico's largest island, nestled just 12 miles off the coast of the Yucatan Peninsula and Playa del Carmen. Before becoming famous for diving, the island was a small community of mainly fishermen until 1961 when Jacques Cousteau told the world he had found one of the most beautiful diving areas in his travels. Cozumel measures 28 miles long and 10 miles wide and is world renowned for its dazzling white sandy beaches and the remarkable clarity of the multi-hued azure Caribbean ocean in which it rests. The climate is subtropical & the people native to Cozumel are of Mayan descent.



The Maya were a great culture of farmers, fisherman & warriors who ruled from Campeche to Guatemala for over 2000 years before the arrival of the Spanish Explorers in the 15th Century. They were quite an advanced civilization, and the legacy of their culture survives in the vestiges of the huge cities that they built during their reign. Fascinating sites such as Chichen Itza with its massive pyramids that rival those at Cheops; and Tulum, the only Mayan city built overlooking the sea; and even Tikal in its lush jungle settings where wild monkeys still can be seen. Each are an easy one-day excursion from Cozumel.

Cozumel itself was a sleepy little fishing community until 1961 when a Frenchman by the name of **Jacques Cousteau** declared the island one of the most beautiful scuba diving areas in the world. Since that time, Cozumel has become an underwater marine park to protect the delicate balance of its dazzling coral reefs and abundant variety of tropical fish. The underwater wildlife is stunning, and you

don't have to be a diver to enjoy it. Simply put on a mask and snorkel and jump in! You'll feel like you've been dropped into a tropical fish tank!

What makes diving in Cozumel amazing is the clarity of the Caribbean Sea, with up to 200 feet visibility. Many famous oceanographers have praised these reefs for their beauty and abundant marine life. Due to this, Cozumel's National Marine Park was established in 1996 by federal decree, with the aim to protect and monitor the area. The park is simply a diving dream come true and a paradise for scuba diving. Cozumel's National Marine Park starts its chain of outstanding dive sites south of downtown, with the aptly named Paradise Reef, and stretches out all the way to the southern end of the island, Punta Sur. This marine park is the protected home to one of the most incredible coral reefs and marine inhabitants on the planet.



The park covers about 29,600 acres of safeguarded ocean and coastline estimated to be the home of **262 species of fish** swimming between **105 different types of coral**. These reefs are literally teeming with sea life. Drift diving is very common in Cozumel; allowing you to float effortlessly from one turtle to the next and glide along deep walls. The very same current that carries you also ensures great diving visibility. The coral reefs here are punctured by swim-throughs and tunnels which lead onto the giant sponges and coral banks of Colombia Reef. The reefs of the National Marine Park have something to offer for every diver at any level, from advanced deeper dives to intro-dives for those first learning.

It is a privilege for us to share this underwater world with its inhabitants. Please remember to respect them and help preserve this world for future generations.



The Mesoamerican Reef....

The Mesoamerican Reef region lies within the Caribbean Sea and touches the coasts of Mexico, Belize, Guatemala and Honduras. It contains the largest barrier reef in the Western Hemisphere, stretching nearly 700 miles from the northern tip of the Yucatan Peninsula down through the Honduran Bay Islands. Dazzling arrays of different types of coral form this underwater wilderness provide homes and food to hundreds of fish species, marine turtles, and sharks. Along the shores, mangroves provide habitat for fish and shorebirds as well as protect coastal areas from the damage associated with hurricanes and strong storms.



Current threats? The scenic beauty of the region's coastal areas makes it a prime tourist destination, which can put pressure on fragile reef environments. Further inland, rich soils attract large-scale agriculture, whose run-off can severely impact reefs. Increasing sea levels and water temperatures from climate change threaten corals and other marine animals such as turtles as well as the communities that depend on the reef for their livelihoods and food security.

For more information about the Mesoamerican Reef, please visit:

www.worldwildlife.org/places/mesoamerican-reef &
<http://ngm.nationalgeographic.com/2012/10/mesoamerican-reef/brower-text>

THE SCIENCE

Cozumel STEM includes three pre-travel Marine Science group video conferences plus a self-study certification. Although we urge all groups to participate, **groups may decide to opt-in or decline based upon their individual needs**. Groups and/or individual students participating may be assigned follow-up homework and/or presentations to support the group needs.

8 weeks prior to arrival: Marine Biology in Cozumel

This seminar will cover the abundant variety of marine life we will find in Cozumel. Learn about the type of fish, rays, eels, lobsters, crabs, turtles and shark we may encounter.

6 weeks prior to arrival: Oceanography in Cozumel

This seminar will cover information to include ocean currents, waves, plate tectonics, the geology of the sea floor and more.

4 weeks prior to arrival: **Conservation & Protection** (Worldwide Application)

This special **Fins Attached** presentation will alert divers to the decline of Apex predators due to hunting by humans. Sharks play a vital role in our ecosystem as part of a complex system of checks and balances. As apex predators they are at the top of the food chain. We will explore what is currently happening in their environment, prevention techniques and the urgent need for management and monitoring at national and international levels to prevent the extinction of species and populations.

2 weeks prior to arrival: **Shark Awareness Education & Certification Course**

This optional online course will be available to each participant who would like to get certified in Shark Awareness Education. As a self-study course, each student will be assigned a User ID and password and have access to the course for 6 months. Upon completion and a passing grade on a final online knowledge test, participants will be able to print their certification.

The goal of the **Shark Awareness Education & Certification** is to provide participants with the basic knowledge and understanding about sharks and why they need to be protected. Components include:

- ✓ Identify basic concepts of shark classification
- ✓ Identify components of shark anatomy
- ✓ Identify basic concepts of shark physiology
- ✓ Identify different forms of shark behavior
- ✓ Identify components of shark interactions
- ✓ Identify different species of sharks
- ✓ Identify importance of shark conservation
- ✓ Identify research practices used to study sharks



SKINDIVE / SNORKEL COURSE

Students do not have to participate in scuba diving to participate in Cozumel STEM. Those who desire to simply snorkel their way through the amazing waters of Cozumel are welcome to do so. Those that participate in the snorkel course may opt to also participate in the classroom sessions for scuba training and not the actual dive sessions, or they may opt to do the classroom and pool sessions but not the ocean sessions (this option may be required from a medical standpoint), or they can opt to have free time during the classroom and pool sessions for SCUBA training. With the abundance of activities available in resort plus additional excursion options, snorkelers will enjoy an amazing time. Fins, mask and snorkel provided along with guided instruction.

For those individuals that initially start in a SCUBA course and decide they would prefer to switch to Snorkel, they are welcome to do so at any time.

PADI COURSE INCLUSIONS

Visions Cozumel STEM includes:

- ✓ All training materials for '**Open Water Diver**' certification including study manual & Dive Log book for every participant
- ✓ All rental gear including wetsuit, BCD, regulator, fins, mask and snorkel for every participant
- ✓ Multilevel Recreational Dive Planner (Calculator) for all participants obtaining their initial Open Water Certification
- ✓ Ocean-based Instruction in classes of 1 instructor for every 6 pupils for participants that are not yet certified as an Open Water Diver; Classroom/Pool-based instruction in classes of 1 instructor for every 10 students
- ✓ Participants that have previously earned their Open Water Certification are in groups of 1 guide to 8 participants
- ✓ Instruction/Certification for divers who have already achieved their Open Water Diver certification and wish to obtain their **Adventure Certification**, their **Advanced Open Water Diver Certification** or a **Specialty Dive Certification**
- ✓ Nitrox dives for those who are Nitrox certified
- ✓ All 'ocean dives' noted in the itinerary will be 'boat dives.' Each participant will have 2 tanks for each of these boat trips.

Note: If anyone is a certified diver but has not dived within the last 12-calendar months, they will be required to take a Refresher Course to ensure their skills are sharp before heading for ocean dives. The fee for this extra course is generally \$50 per person if required.

It's important to note that when preparing for an Open Water Certification or an Advanced Open Water Certification, there's a lot of reading and homework involved! Pupils of all ages that are participating will need to devote adequate time throughout the day and evenings for this. Part of the certification process is personal review of all studies. If your instructor doesn't feel you are prepared, you may be asked to sit out and review the training before re-engaging in diving or classroom sessions. You may not earn your certification if you are unable to pass the written part of your examination.

Specialty Certifications for Advanced Divers – Please be advised that not all certifications may be available. If you are an advanced diver and desire to earn a Specialty Certification, please contact us once your group has sent in their initial booking for more details.

**AWARE Fish Identification
Coral Reef Conservation Diver
Enriched Air Diver
Peak Performance Buoyancy
Underwater Naturalist**

**Boat Diver
Drift Diver
Multi-level Diver
Project AWARE Specialist
Underwater Navigator**

PADI / Project AWARE Downloads

[Project AWARE's 10 Tips for Divers to Protect the Ocean Planet](#)

[10 Tips for Divers Poster](#)

[Join Divers Protecting Our Ocean Planet Worldwide](#)

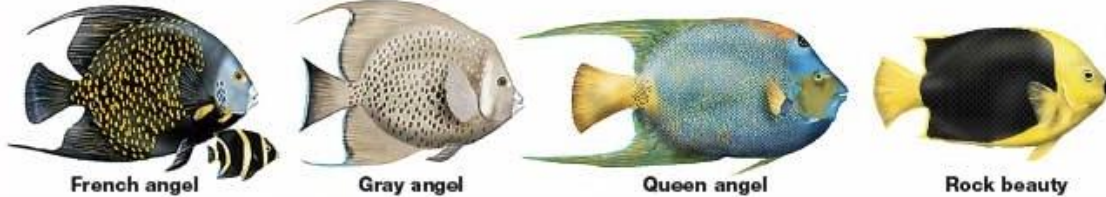


Visions Holiday Group Limited Registered No. 4499296.
Registered office as above. VAT No. 784 3347 05

Fish commonly seen in Cozumel's snorkeling areas

Almost every time we get into the water we see angelfish, parrot fish, sergeant majors, blue tangs, ocean surgeons, blue runners, and grunts. The other fish shown here are more uncommon to see, and some, like the shark family, are rarely seen. You'll have to watch closely for some of these fish; they like to hide among the coral.

Angelfish. You'll commonly see these members of the Angelfish family at almost every reef in Cozumel. Their main body is about the size of a dinner plate, with graceful fins and tail adding to their size.



Parrot fish. This species is named for the beautiful colors that often resemble a parrot and the sharp parrot-like beak used to break off small pieces of coral. Parrot fish are difficult to identify because several varieties change color (and sex) at various stages of their life (called phases).



Small fish. You'll find this colorful group swimming around coral heads where they can find protection from predator fish. We have seen all of these living among the elkhorn coral at the spot we call The Twins (B6).



Our Partners

Fins Attached – Leading our science study is Dr. Alex Antoniou, Ph.D., of Fins Attached, a marine research and conservation agency. Dr. Alex will be working with us pre-trip and onsite for those who desire to truly immerse themselves in marine biology and oceanography as we discover our oceans and the incredible marine life within. The mission of Fins Attached is to conduct research, promote conservation and provide education for the protection of marine ecosystems. The health of any ecosystem is controlled largely by its apex predators. So, while the work of Fins Attached aims to impact the marine ecosystem, much of the research is focused on the apex predators of the marine environment, which are sharks. The Fins Attached organization is comprised of scientists, companies, organizations, and people concerned with the health of the world's oceans. The scientists that represent Fins Attached range in backgrounds from divers to PhD marine biologists.
www.finsattached.org



Pro Dive Mexico - Pro Dive Mexico is a watersports service provider with multiple **PADI 5 STAR Dive Centers**. All centers have been awarded the prestigious **National Geographic Green Star Award**. Whether your visit to this magical place includes your very first scuba diving experience, scuba refresher course, snorkel excursions or participation in one of the exciting Wildlife Safaris, the trained staff of Pro Dive Mexico is ready to provide you with professional service and a most memorable experience. Look for the Pro Dive head office in Playa del Carmen and their 5-star dive centers nearby in Playa de Carmen, Tulum, Cancun, Maroma and of course several centers on Cozumel.



Our Accommodation

Allegro Cozumel - Located on the beautiful island of Cozumel overlooking the Mexican Caribbean Sea is Allegro Cozumel. This youth friendly all-inclusive resort is about 20 minutes from the international airport and a 45-minute ferry ride from Playa del Carmen, Mexico. Guests will enjoy the nearby Palancar Reef which is considered one of the top 5 dive destinations in the world; guests staying at Allegro Cozumel will also enjoy one of the very best beaches the island has to offer.

The hotel boasts 261 tropical theme rooms in two-story Polynesian style bungalows. Room amenities include rooms with 2 double beds to sleep **TWO STUDENTS/STAFF PER ROOM – all in individual beds**, air-conditioning, ceiling fan, cable television, telephone, bathtub and shower, balcony or terrace, coffee maker, hairdryer, hammocks, iron & ironing board and in-room safety deposit boxes.



Resort amenities and activities that are included with your package are:

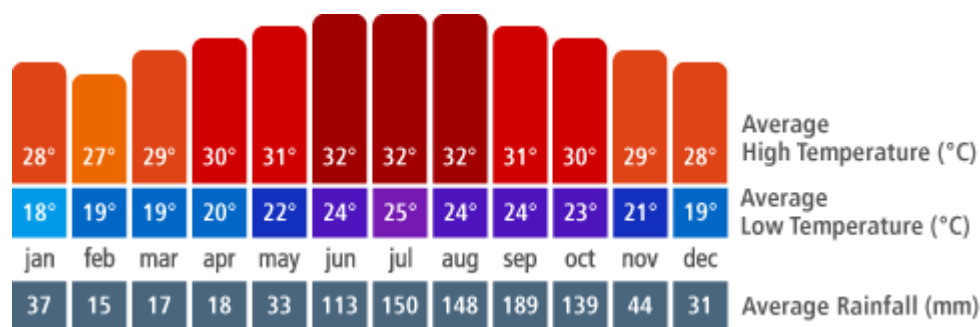
- ✓ Unlimited meals, snacks & beverages in four restaurants
- ✓ Full open bar for adult-age participants in five bars
- ✓ Multiple swimming pools plus kids' water park with slides & splash fountain
- ✓ Supervised activities for children (4-12 years) and Teens Club with activities for children (8-17 years)
- ✓ Jacuzzi, Sauna & Fitness center room
- ✓ Three tennis courts plus one multipurpose court
- ✓ Basketball
- ✓ Beach Volleyball & Beach Soccer
- ✓ Ping-pong, Darts & Giant Chess Board
- ✓ Kayaking, Snorkeling & Sailing (instruction & equipment)
- ✓ Daily activities by the pool and beach areas (cooking class, Spanish class, water aerobics, etc)
- ✓ Nightly shows & entertainment
- ✓ Chaise lounges & towel service at the pool & beach areas
- ✓ Includes all gratuities

Other activities available that require additional cost include:

- ✓ Spa facilities
- ✓ Gift Shop
- ✓ Car rental
- ✓ Deep Sea Fishing
- ✓ Guest Laundry
- ✓ Currency Exchange
- ✓ 24-hour medical services (on call)
- ✓ Internet access

Weather, Currency & Language

Mexico weather - monthly average temperature and rainfall:



Currency - The Mexican peso (MXN) is this country's official currency. However, most all vendors accept American dollars.

Official language - The official language of Mexico is Spanish and is spoken by nearly all Mexicans. Nonetheless, there are also more than 60 native languages, including Nahuatl and Mayan.

Cozumel Reefs



Located in the Mexican Caribbean coastal zone, Cozumel is fringed by a complex coral reef ecosystem. Part of a massive chain of reefs that stretches from the Gulf of Mexico to Honduras, it is the second largest reef system in the world. Mangroves cluster along large parts of the shoreline in the extreme southern and northern parts of the island, providing habitat and protection for juveniles starting their life cycles. Shallow lagoons filled with turtle grass complete the rear zone of the reef creating a buffer

leading up to a shallow reef forming an integral part of the breaker zone. Moving onto the deeper portions of the island shelf, divers will find themselves in the spur and groove zone, which is an interface between the massive coral structures lining the drop-off into the abyss, completing the transition between the land and fabulous dive sites.

The coral formations creating Cozumel's systems are not continuous, but a series of isolated formations and integrated structures characteristic of reefs found along island shelves. Covering a total area of 17 square kilometers, two distinct types of formations are dominant in the Marine Park; they are Platform and Edge Reefs.



Platform Reefs are less developed from a structural point of view, with their foundations or bases rarely exceeding a depth of 30 – 50 feet (10 – 15m). The age of these structures varies between 1,000 to 10,000 years old depending on the species to be found there, and the quality of the substrate upon which it is based. Perfect examples of platform reefs in Cozumel are Colombia Shallows, Paradise and Yucab.

Edge Reefs are characterized by continuous structures rising into coral peaks high above the edge of the drop off and extending to as much as 180 feet (55m) below the surface. These formations are mainly found in the south of the island, with perfect examples seen at Palancar, Colombia, Punta Sur and Maracaibo.

Cozumel is famous for its **drift diving**. Currents are usually mild (1 – 2 knots) allowing divers to glide effortlessly along the reefs. The Gulf Stream runs along the entire coast of Quintana Roo, flowing from the south to the north, with its intensity dependent upon weather conditions, seasons and the moon.

Mayan Culture Excursion

If elected for inclusion, groups will have the opportunity to participate in a Mayan excursion day to learn about the history and culture of the Maya people. This day requires a very early start, departing the hotel at 6:15 AM to take the island ferry over to the mainland. Groups will have an opportunity to select one of the following 2 options:

-  **Maya Jungle Tour** - Explore the impressive Tulum archaeological site in a Riviera Maya excursion with stunning views of the Caribbean Sea. Enter into the amazing Sac-Actun system, snorkel surrounded by awesome rock formations, ride through the jungle on all-terrain Mercedes Benz Unimogs, rappel down into a cenote (underground cave) and swim in a unique natural pool. Enjoy nature flying over the jungle's foliage on exciting zip-lines and participate in a traditional Maya purification ceremony.
-  **Coba Maya Encounter** - Visit the archaeological site of Coba and discover the amazing Nohoch Mul temple. Visit a secluded Mayan village and enjoy its well preserved natural lagoons, cenotes (underground rivers), jungle paths, and the natural reserve that protects the local flora and fauna. Rappel down thrilling cenotes and soar the canopy in zip lines, swim in hidden caves and walk through the jungle learning about the environment.

After the excursion is completed in the late afternoon, many schools opt to eat dinner in town once back in Cozumel (Senior Frogs is always a winner!), before heading back to the hotel. If you prefer to do this, please let us know so we may ensure an extra transfer is included in your pricing. Schools will be responsible for paying for the dinner on their own.



Visions Holiday Group Limited Registered No. 4499296.
Registered office as above. VAT No. 784 3347 05

Important Notes

Required documents for those who are not presently certified as Open Water Divers:

- ✓ Student record file (always write out NO or YES completely to any/all medical questions)
- ✓ Youth diving waiver for any youth that are 10 or 11 years of age
- ✓ If participant clicked yes to any medical questions on the Student Diving Waiver a Medical statement is required

Required documents for all Certified Open Water Divers:

- ✓ Diver's registration (shaded areas only)
- ✓ Liability release
- ✓ Medical statement (always write out NO or YES completely)
- ✓ Standard Safe Diving Practices
- ✓ Youth diving waiver for any youth that are 10 or 11 years of age

All required forms will be gathered by teaching staff prior to departure (approx. 3 months in advance) and sent into our Operations offices in bulk. Our staff will then submit these directly to Pro Dive Mexico in advance of our arrival so they may schedule required instruction staff. This allows school staff to ensure that all participants have obtained all required forms.

If for any reason a participant has not brought along his/her required forms, they may fill these out once in resort. A teacher may sign as a Legal Guardian provided they have the full legal authority to do so.

If for any reason a participant requires a medical release from a physician in Cozumel, please be advised that although we will be happy to set this up, the participant will be personally responsible for payments required for medical care and transportation.

Waiver & Medical Release – A detailed Waiver (above – Student Record File / Liability Release / Medical Statement) will be required to participate in this event. A parent or legal guardian must sign if the participant is under the age of 18. As part of the Waivers, a medical questionnaire is included. Please ensure that each participant has fully written out each answer with either a YES or a NO; no abbreviations are accepted. Please be advised that if any member checks YES to any element, they will be required to provide a physician's letter stating that they are allowed to dive prior to embarking on the event. The Physician's note must be dated within 3 months prior to travel. Physicians are also available on the island if needed. Please do understand that if any element is ticked as positive, the person will not be able to participate in SCUBA diving without a physician's release. This does not affect Skin Dive participants.

Visions Waiver – A Visions Waiver noting release of liability is required for all passengers. All documents must be signed by a parent or legal guardian if under the age of 18. If a document is not produced for any participant, unfortunately they will not be able to dive/snorkel under the course contents.

Additional Dives – Divers that are certified as Open Water Divers may feel free to upgrade to add additional dives, night dives or other special certifications. These upgrades are at extra cost and may be booked in advance of travel or directly through the Dive Center upon arrival. No diving is allowed starting in the afternoon of the day prior to departure.

Equipment – If divers opt to bring their own equipment, please understand that because all elements of the tour are bundled, there will be no reduction in the 'package plan' and refunds will not be available.

Log Book – Log books are supplied for new divers only. If you are already certified as an Open Water Diver, please remember to bring your log book to record your dives.

Dive Insurance - If you are a certified diver, do not forget to bring documentation of your Dive Insurance plan in case of need. Cozumel has two treatment centers located on the island if needed.

Instructor / Boat Crew Gratuities - Tips are not included for dive instructors, skin dive guides, boat captains and deckhands as these are at your personal discretion. Tips for good service are generally estimated at \$10 USD per tank (generally x2 as 2 tanks per session/day) and are split amongst your instructor/guide and your boat captain and deckhand. Additionally, tips for your Instructor if earning your OWD may range from an additional \$20 - \$50 dependent upon the service you received.

Change of Sport - If any participant originally signs up as a diver and during the course of the tour drops to a snorkeler, please understand that no refunds are available.

Itinerary Scheduling - Diving schedules may vary as to morning or afternoon dives. Specific schedules will be distributed upon arrival.

Towel Cards - Upon arrival at the resort each person will be issued with a Towel Card. The towel card may be exchanged at the pool for a fresh towel as many times as you desire, every day. The Towel Card MUST be turned in prior to leaving the resort as you will not be allowed to check-out until it is accounted for. To discourage theft, the resort charges \$50 per towel card (or towel) that is not turned in. If a participant loses their towel or card they will be responsible for paying this fee. If you wish for Towel Cards not to be distributed to your students, please inform us.

Sunscreen / Sun Cream – As a protected environment, please ensure that group participants bring **bio-degradable** sunscreen if available.

Pool & Beach Lifeguards - Lifeguards are on duty at various resort locations. Please direct your students as to appropriate use.



Visions Holiday Group Limited Registered No. 4499296.
Registered office as above. VAT No. 784 3347 05

SUGGESTED PACKING LIST

- Hat
- Sunglasses
- Swimsuit
- 2 pairs of shorts
- 2 or 3 t-shirts or other shirts
- Males: 1 pair of long pants for special restaurant nights
- Females: 1 sundress for special restaurant nights
- Beach bag for personal gear
- Sandals / Flip-flops / Beach Shoes
- Athletic Shoes / Trainers
- Personal Toiletries
- Pen & Highlighter for Study Guides
- Waterproof Biodegradable Sunscreen / Sun Cream
- After Sun Spray / Gel / Lotion
- Mosquito Repellent
- Camera (disposable suggested) / Underwater Camera
- Cash / Credit card for meals on travel days
- Cash for Dive Instructor / Boat Team gratuities

PACKING TIPS

Don't pack too much! An old trick is to lay out everything you think you need for the trip, then pack half and return the rest to your closet.

Organize with zip-lock plastic food bags. Zip-lock food bags can be used to pack certain clothing items you want to protect, to organize smaller items or to keep wet bathing suits separate from other clothes.

Pack sample sizes of toiletry articles. Liquids travel best in plastic containers. Squeeze the air out of the bottles before you fill them up and don't fill them to the top. Place the containers in plastic bags.

Be sure your baggage is clearly labelled. Remove old airline tags. Make sure your name and address is in a prominent place on the outside and inside of each luggage piece.

Carry fragile, valuable, perishable and basic personal items with you. Money and prescription drugs should be carried with you. Make sure you have a toothbrush and other essential toiletries in your carry-on bag.

Articles that cannot be transported as checked baggage. The following items should not be packed in checked baggage. If a loss of these items should occur, the airlines will not be held liable and will only compensate lost baggage according to their lost baggage policies.

- | | |
|----------------------------------|---------------------------------|
| * Passport & Important Documents | * Fragile & Perishable Articles |
| * Currency | * Jewels |

Other things to remember:

- Refill your prescriptions before the departure
- Bring some OTC medicines such as pain reliever, allergy tablets and Imodium to deal with illness



Visions Holiday Group Limited Registered No. 4499296.
Registered office as above. VAT No. 784 3347 05

COZUMEL STEM

Minimum Booking Numbers:

16 students

What's Included:

Roundtrip flights with a scheduled carrier to Cancun or Cozumel, depending upon options available
Airport transfers to/from Mexico airport to hotel
6/7/9-nights' accommodation in Cozumel at the Occidental Allegro Resort Hotel
All meals, snacks & beverages while at hotel
SCUBA or **SKINDIVE** course as chosen per pupil
SCUBA: 2 half-day (4-tank total) ocean dives + classroom & pool training
ADVANCE/ADVENTURE DIVER CERTIFICATION: 3 half-day (6-tank total) ocean dives + classroom & pool training
PRE-CERTIFIED SCUBA: 4 half-day (8-tank total) ocean dives if no training or certification is taken
SKIN/SNORKEL: 2 half-day ocean dives + classroom training
SCIENCE course including 3 video-conference sessions, one self-study certification course plus on-site education if elected
Daily use of non-motorized water sports equipment
Daily and evening activities
Full-time Visions Ambassador Team
24-hour emergency cover

What's Not Included:

\$50 for refresher course, if required
Fully comprehensive insurance (mandatory)
Transfers to/from home airport
Transportation for activities not shown in the itinerary
Cost of visas, full or collective passports
Cost of inoculations or medication required for travel
Meals not taken at resort property
Sightseeing options not shown in Itinerary
Hotel incidental deposits & bills – internet, etc
Any gratuities – coach drivers, ambassador, dive instruction team + boat crews

As always, our staff are always available to you to answer any questions you may have regarding programming. If we may serve you in any way, please do not hesitate to contact us.

The Americas: info@visions-in-education.com / 417.231.4892
United Kingdom: info@visionsineducation.co.uk / 01444 810399



Visions Holiday Group Limited Registered No. 4499296.
Registered office as above. VAT No. 784 3347 05